



GLUTEN-FREE BAKED GOODS

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| SERENE cinnamon roll 6
gluten-free pastry, cinnamon spice swirl,
powdered sugar glaze | BEAUTIFUL daily muffin 5 |
| SATISFIED sweet or savory scone 5 | GENTLE banana bread 5 |
| | HOLY daily donuts 4.5 |

BREAKFAST

- CONTENT** greek farinata 12
garbanzo flour frittata, kalamata olives, tomato, red onion, spinach, cashew feta, roasted red pepper aioli, gremolata, gluten-free sourdough crostini with tomato relish
- THRILLED** french toast 15
slow fermented artisanal baguette, fresh berries, strawberry raspberry reduction, cashew crème fraîche, maple syrup
- YO SOY SUPREMO** breakfast burrito mojado 16
roasted heirloom potatoes, cashew macadamia cheddar, seasoned pinto beans, spinach, shredded romaine, coconut bacon, pico de gallo, avocado, side of spicy pickled vegetables, whole wheat tortilla, topped with toasted pumpkin seed salsa verde, cashew sour cream and goji chipotle sauce
- OUTSTANDING** sprouted oatmeal 8
sprouted probiotic steel-cut oats, warm seasonal fruit compote, maple glazed walnuts, cashew crème fraîche
- OPEN-HEARTED** gluten-free pancakes short stack 11 / tall stack 14
buckwheat flax pancakes, maple syrup
add fresh fruit +2
add cashew whipped cream +2
add extra maple syrup +2
- TRUSTING** barbecue tempeh scramble 13
gluten-free tempeh, seasonal vegetables, shitake mushrooms, spinach, scallions, cilantro, avocado, gluten-free sourdough toast
add a side of chipotle ketchup +1
- NOURISHED** gluten-free french toast & tempeh chorizo 13
sourdough french toast, housemade tempeh chorizo, sautéed kale, chipotle coconut bacon, cashew cream, maple syrup
- BONITA** breakfast taco plate 13
sprouted probiotic brown rice or quinoa, black beans, salsa fresca, avocado, cashew nacho cheese, toasted pumpkin seeds, side of four corn tortillas
- FANTASTIC** raw cashew crêpe 12 
cashew crêpe, fresh fruit, coconut yogurt, maple syrup, pecans
- GROUND** baked heirloom potatoes 9
oven-baked potatoes, chipotle cashew nacho cheese
make it fiesta style +3
- CRUNCHY** raw housemade granola 8 
gluten-free apple cinnamon granola, fresh fruit, coconut yogurt
- FREE** chia seed porridge 8 
chia seeds, hempseed milk, lucuma, maca, cinnamon, maple syrup, goji berries, fresh fruit
- PEACE** raw open-faced bagel 8 
onion sesame crust, cashew cream cheese, nori, tomato, onion, capers, sprouts
add avocado +2

SIDES & ADDITIONS

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|--------------------------------------|--|
| maple syrup.....2 | sautéed market vegetables.....5 |
| cashew cream cheese.....3 | sautéed seasonal greens.....5 |
| chipotle maple coconut bacon.....2 | pico de gallo.....1.5 |
| coconut yogurt.....4 | tempeh chorizo sausage.....5 |
| slow fermented sourdough toast.....3 | guacamole.....5 |
| cashew coconut whipped cream.....2 | sprouted probiotic quinoa or brown rice..4 |
| seasonal fruit salad.....2 | blackened jerk tempeh.....5 |

ALWAYS PLANT-BASED & 100% ORGANIC

Café Gratitude offers 100% organic, plant-based cuisine and yet we cannot guarantee that guests with food or beverage allergies may not be exposed through cross contamination. If you have a food or beverage allergy (particularly to nuts or seeds) we therefore recommend that you not dine with us. As such, please understand that Café Gratitude cannot be responsible for any injury, loss or damage claimed by any guest with a food or beverage allergy who consumes our food or beverages, regardless of the circumstances.

Please notify your server of any nut and/or food allergies

COFFEE, ESPRESSO, TONICS & TEA ● Caffeine-Free

COURAGEOUS drip coffee 3
arabica beans coffee

FOCUSED iced coffee 4
cold-brewed in house, *no refills*

AWAKE espresso shot 3
stumptown espresso

CAREFREE cappuccino 4
stumptown espresso, almond milk

LIGHT café latté 5
stumptown espresso, almond milk

MARVELOUS café mocha 6
stumptown espresso, almond milk,
honey, cacao powder

COZY 5 ●
fresh lemon, ginger juice, honey, cayenne

CHARISMATIC chai latté 5
chai tea, coconut milk, cinnamon

LOVE hibiscus flower iced tea 3 ●

SPLENDID green citrus iced tea 3

VIBRANT matcha tea latté 5
matcha powder, almond milk, honey

CALM hot tea 4
bergamot sage ● yerba mate
african rooibos ● matcha powder
chamomile ● jasmine green
english breakfast fresh mint ●

GOLDEN turmeric latté 5 ●
turmeric, almond milk, honey, essential
oil of black pepper

IMMORTAL immunity tonic 5
reishi, shilajit, mucuna, steamed almond
milk, cinnamon, honey

RESTORED adrenal tonic 5
ashwaganda, cordyceps, gynostemma,
steamed almond milk, cinnamon, honey

SMOOTHIES & MILKSHAKES

ENERGIZED savory green smoothie 9
kale, cucumber, celery, lemon, avocado,
salt, jalapeno, green onion, cilantro

BLISSFUL antioxidant smoothie 10
coconut yogurt, chia seeds, blueberries,
strawberries, dates, vanilla bean

INCREDIBLE superfood smoothie 9
kale, coconut milk, hempseeds, almond
butter, maca, banana, vanilla bean

ALERT matcha maca malt 9
almond milk, matcha green tea, dates,
maca, coconut meat, avocado, vanilla

BERRY SWEET strawberry smoothie 9
strawberries, dates, almond milk, vanilla

STRONG protein maca malt 9
banana, hempseeds, chia seeds, dates,
maca, moringa, infinity protein, vanilla
bean, coconut milk

SUPERB cacao smoothie 9
coconut milk, dates, avocado, cacao
powder, moringa, reishi and shilajit
powder, bee pollen, mucuna, vanilla

GRACE creamy coconut smoothie 9
coconut milk, coconut meat, almond
butter, dates, vanilla bean

COOL mint chip milkshake 9
cashew coconut ice cream, almond milk,
vitamineral green powder, fresh mint,
raw cacao nibs, vanilla bean

16oz. PRESSED JUICE

BOLD cucumber, spinach, chard, fennel, parsley, sole 9

COMPLETE kale, apple, celery, cucumber, lemon, ginger 9

GLOWING seasonal juice special 9

HEALTHY kale, celery, cucumber, lemon 9

SUCCULENT grapefruit, apple, celery, mint 9

VITAL pineapple, cucumber, spinach, lime, cilantro 9

WORTHY apple, carrot, beet, chard, lemon, ginger 9

Our cold-pressed juices are unpasteurized and raw.

HOUSEMADE SPRITZERS

ECLECTIC kombucha arnold palmer* 7
house kombucha, lemon, agave

REFRESHED basil lemonade 5
lemon, agave, sparkling water, basil

GUTSY house kombucha* 6

**Kombucha is a fermented beverage that may contain trace amounts of alcohol.*

EFFERVESCENT ginger ale 6
fresh ginger juice, lemon, agave,
sparkling water

ELEVATED rose water lemonade 8
rose water, lemon, agave, sparkling
water, drop of beet juice

WELLNESS ELIXIRS

BRAVE immunity-boosting shot 4
fresh lemon, turmeric, ginger, essential
oil of oregano, cayenne pepper

OUTRAGEOUS probiotic shot 25
Progurt, the world's most powerful
probiotic- 1 trillion CFU of live probiotic
microorganisms with seasonal juice

BEAMING vitamin-c shot 4
orange juice, carrot juice, goji berry,
camu camu, astragalus, acerola berry,
amla berry

ACTIVE metal-extracting shot 4
pineapple juice, celery juice, cilantro,
probiotic formula of fermented kelp, miso
and chlorella to pull metals from the body

ENLIVENED focus & clarity shot 3
E3Live blue-green algae from klamath
lake, essential oil of rosemary

OPULENT digestion aid 3
sparkling mineral water, oils of grapefruit,
lemon, peppermint, ginger and cinnamon
to calm the stomach and ease digestion

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* Current as of October 28, 2015

CAFÉ GRATITUDE